

## **Marcela Tršová**

**20 Primrose Terrace  
Edinburgh, EH11 1PE**

**Contact: Tel - 0131 623 1870  
Mob - 07806480494**

**E-mail: [m.trsova@gmail.com](mailto:m.trsova@gmail.com)**

[www.marcelatrsova.com](http://www.marcelatrsova.com)

### **KEY SKILLS**

- Creative and innovative
- Enthusiastic and motivated with the ability to motivate others
- Effective client relationship management.
- Research and analytical skills, technical report writing.
- Design, Delivery and evaluation of creative workshops and activities for variety of audiences including children of different age groups and learning styles(age 5-16), adults, clients with spectrum of learning disabilities and the elderly(including those affected by various stages of dementia).
- Proven leadership and creative project management skills
- Extensive budget management experience, managed budgets of up to £1500.
- Effective planning and organisation skills
- Coaching and mentoring skills
- Team player with ability to work on own initiative
- Trustworthy and reliable

### **KEY ACHIEVEMENTS TO DATE**

- Track record in designing and delivering and evaluating creative projects, workshops and activities for broad spectrum of people of all ages
- Research findings publicised in a journal
- Results presented and discussed in a conference for a selected audience of up to 60.
- Won a funded training gallery education scholarship through Engage.
- Led and managed a learning science project using creative methodologies for young children.
- Selected to participate in international collaboration involving 30 artists of different disciplines to produce a series of public performances and workshops within a three week project timescale.
- Successfully mentored and coached students with learning disabilities to gain entry into Higher Education.

***Through my work I touch on the subtle and intuitive part of life. Those things we all feel, go through and see all around us, often without giving them much notice, attention or importance.***

***I am interested in exploring the connection and relationship between culture and nature and the human inner and outer experience within it. I use many different materials and means of creative expression (performance, film, sculpture and installation) and it is this concept that unites my whole body of work.***

***Myths, folklore, fairytales as well as my life experiences and everyday observations all inform my practice. The materials and their combinations I use in my work often say more than one can see at the first sight. I carry out an extensive research into their symbolic meanings, connections and uses in culture.***

***Symbolism is very important in my work as I believe that primal imagery and symbols hold a great power of communication which is understood by all people regardless of their language, nationality, age or education. I try to reach out to people on a subconscious and emotional level.***

## **EXHIBITIONS AND PERFORMANCES**

### **Solo Exhibitions**

- 2010 *The Pilgrimage*, performance, Šumava Mountains, Czech Republic
- 2010 *Between Heaven and Earth*, Čajovna 'U naší milé Paní, Klatovy, Czech Republic
- 2010 *Wild Horses*, performance, Lake District, Cumbria, UK
- 2009 *Devatero*, performance, Hlavňovice, Czech Republic
- 2008 *Into the light*, St Gregory's Centre for the Arts, Norwich, Norfolk

### **Selected Group Exhibitions**

- 2016 *A Night At The Opera*, Union Gallery, Edinburgh
- 2015 *Curious Call*, Coburg House Art Studio Gallery, Edinburgh
- 2015 *Coast to Coast*, Union Gallery, Edinburgh
- 2014 *Art in Shoeboxes*, North Edinburgh Art Centre, Edinburgh
- 2013 *Christmas Exhibition*, Union Gallery, Edinburgh
- 2013 *In the Company of Birds*, Union Gallery, Edinburgh
- 2011 *Plight of the Bumblebee*, Union Gallery
- 2011 *Rituals*, Köysirata Gallery, Turku, Finland
- 2011 *Converge*, Out of Blue Gallery, Dalmeny Street, Leith, Edinburgh
- 2011 *Making Waves*, Union Gallery, Edinburgh
- 2009 *Time and Duration*, performance, Mundesley, Norfolk
- 2009 *Salt of the Earth*, Salthouse, Norfolk
- 2008 *Inaugural Exhibition*, Tintype Gallery, London
- 2008 *An Invisible Sun Within Us*, Warehouse, Norwich, Norfolk
- 2007 *Norwich Fringe Festival Art Trail*, Norwich, Norfolk
- 2006 *The Factory Show*, The Old Bally Shoe Factory, Norwich, Norfolk
- 2006 *Beyond Sentimentality*, NUCA Gallery, Norwich, Norfolk

### **Work in private collections**

## **GALLERY EDUCATION AND COMMUNITY PROJEC**

### **The Open Door**

*The Open Door, 420 Morningside Road, EH10 5HY, Edinburgh*

#### **Activities Coordinator– 3/09/2016 - ongoing**

Designing, delivering and evaluating a broad variety of creative activities (visual arts, crafts, storytelling ect) activities for a group of elderly people affected by various stages of dementia

<http://www.theopendoor-morningside.org.uk/about-us/>

### **Fruitmarket Gallery, Edinburgh, Scotland**

*The Fruitmarket Gallery brings to Scotland the work of some of the world's most important contemporary artists*

#### **Sensing the Landscape Youth Art workshop - 07/04/2014**

Designing and delivering one-day art workshop for 14–17 year olds. Inspired by Tania Kovats:

Oceans at The Fruitmarket Gallery, this workshop drew on the idea of understanding, observing and exploring the local landscape through a range of media to create installation and performance

#### **Outreach Community Workshop – 28/04/2014 - 08/05/2014**

*Designing a creative workshop inspired by the exhibition by Tania Kovats for elderly people in residential care. It was delivered in two phases one in the gallery followed up a visit in care home*

##### ***Phase 1 - Sea Memories***

The aim of the workshop was to engage with the exhibition by the artist Tania Kovats, Oceans through reminiscence and one's personal experience of the sea. This could be cultural, visual or sensory. Inspired by the exhibition the participants were encouraged to make simple drawings and marks or collages that capture personal memories of the sea and coastline.

##### **Phase 2 - Water Art**

Building on the initial experience of the exhibition and further developing and exploring the themes of oceans, water and the landscape formed by them the second workshop focused on the sensory and material experience of the element of water exploring its potential as a creative material.

### **Salvation Army**

*Eagle Lodge Residential Care Home, 488 Ferry Road, Edinburgh*

#### **Activities Coordinator – 07/11/2012 -17/08/2016**

Organising, planning and delivering variety of activities for elderly residents. Ranging from hands on art and craft sessions, singing, poetry reading, storytelling, reminiscence sessions, gardening, baking and many others. Planning and overseeing social events and outings. Supporting the clients to achieve their full potential on one to one basis as well as in a group environment. Also recruiting, interviewing and supervising volunteers whose help is invaluable to the success of the activities. Creating, updating and reviewing database of person centred individual activity plans and life histories. Risk assessing and evaluating all activities.

### **Sainsbury Centre for Visual Arts, Norwich, Norfolk**

*SCVA is a public art gallery and museum at the University of East Anglia (UEA) Norwich.*

#### **Culture and Countryside Project -03/2009-10/2010**

*Outreach project - schools and community centres around Norfolk and Suffolk*

Designed and delivered creative workshops whose objective was to encourage pupils, their families and communities to reflect in new ways on their own cultural heritage, local environment and regional traditions. By studying and engaging directly with ritual and ceremonial objects from other cultures, they were at the same time gaining greater global awareness.

<http://www.cultureofthecountryside.ac.uk/>

### **Mundesley Encounters – 04/2010 – 09/2010**

*Outreach project - Mundesley village, North Norfolk coast*

Designed, choreographed, directed and also took part in a performance (Time and Duration, 2009) that involved the local community. It explored issues affecting local countryside such as coastal erosion which is changing and transforming the way people live. It was designed for people to reflect on dealing with time and memory, unstoppable change, continuous movement and repetition.

[http://news.bbc.co.uk/local/norfolk/hi/people\\_and\\_places/arts\\_and\\_culture/newsid\\_8244000/8244235.stm](http://news.bbc.co.uk/local/norfolk/hi/people_and_places/arts_and_culture/newsid_8244000/8244235.stm)

### **Creative Partnerships Norfolk**

*Norfolk and Norwich festival, in collaboration with Norfolk County Council Children Services*

#### **Creative Partnerships Project – Sundial and Wind Vane – 10/2009-04/2010**

*Diss Infant and Nursery School with Children's Centre, Norfolk*

Creative project based on employing children in using variety of natural materials and exploring and combining them through various scientific and natural processes. The results of the experiments were used in final permanent outdoor installation in the grounds of the school.

<http://www.creative-partnerships.com/>

### **Norfolk County Council**

County Hall, Martineau Lane, Norwich, Norfolk, NR1 2DH

#### **Additional Learning Support Assistant - 09/2009 – 06/2010**

*Wensum lodge, Norwich, Norfolk*

*Level 3 / 4 Diploma: Foundation Studies in Art and Design and Media*

Supporting a number of students on BTEC Art Foundation course. This included students with dyslexia and dyspraxia as well as a student with cerebral palsy and hard of hearing. The duties included note taking during lectures, photocopying, one to one individual support with critical studies assignments and text based work. Supporting students on a practical basis and also assisting them in studio work.

### **RESIDENCIES AND FUNDED RESEARCH**

#### **InCrops Project – 04/2010-02/2011**

*University of East Anglia in partnership with SCVA and local businesses, Norwich, Norfolk*

Undertaking a site visit to a business partner that produces natural non food products. Viewing and learning about new materials, their properties and their production. Exploring the potential for these new materials, both in terms of the possible impact on own creative work as well as developing some ideas for how these materials and technologies might present possibilities for other artists and associated businesses.

<http://www.cultureofthecountryside.ac.uk/drupal/project/incrops>

#### **Rapid Arts Residency - July - August 2009**

*Sea Change Arts, Great Yarmouth, Norfolk in collaboration with Turku Arts Centre, Finland*

Multinational collaborative artist residency at Turku in Finland (artists from Finland, Portugal, and England). This was an intense period (1 month) of collaboration work between musicians, sound artists, dancers, performance artists as well as visual artists. Part of the residency was also running creative and interactive workshops for local community groups such as Unemployment support centre, Community centre for the elderly as well as general public.

[www.rapidarts.eu](http://www.rapidarts.eu)

#### **Butley Mills Art Studios, Butley, Suffolk - August 2006**

2 week long residency focusing on developing new ideas and work by responding to local landscape.

## **QUALIFICATIONS**

**2004 - 2007 - BA(Hons) Fine Art, Norwich School of Art and Design, Norwich, Norfolk**

**2002 - 2004 - HNC in Fine Art, Richmond Adult Community College, Richmond, Surrey**

**2001 - 2002 - Access to Art&Design and Photography, Spelthorne College, Ashford, Middlesex**

## **PROFFESIONAL TRAINING**

**03/2017 –TimeSlips** creative storytelling workshop, (TimeSlips offers an elegantly simple revolution in elder care by infusing creativity into care relationships and systems  
<http://www.timeslips.org/>

**10/2013 - First Aid at work** - First Aid Scotland

**11/2013 - Promoting Excellence:Meaningful Activities Through Four Stages of Dementia**, FCT Edinburgh

- **Meaningful Life Histories &Documentation of these plus Reminiscence Skills**, FCT Edinburgh

**10/2013 - Health and safety, hazard identification and Risk assessment**, The National Skills Academy

**07/2013 - Fire Prevention**, The National Skills Academy

**07/2013 - Team-Teach Training** – Promoting the least intrusive positive handling strategy, with an emphasis and preference for the use of verbal, non-verbal de-escalation strategies being used and exhausted before positive handling strategies are utilised, Team- Teach Ltd

**02/2012 - Adult Support and Protection Awareness-** Midlothian Council

## **Enquire Project - 09/2008 – 03/2009**

*Eastern Cluster partners for Engage*

Training and delivering gallery based and outreach workshops with a cross section of school groups and young offenders and nurture groups. Regional projects were organized collaboratively with Fruitful Arts, Outpost Gallery, Sainsbury Centre for the Visual Arts, Kings Lynn Art Centre and Norfolk Schools. The partnership developed capacity amongst galleries, schools and artists to address the government's Cultural Offer 'Find Your Talent' needs.

<http://www.engage.org/>